# Terms of reference (TOR) for the recruitment of a pre-intern medical graduate on temporary basis for the activities of Nutrition Month at Maternal Care Unit, Family Health Bureau in 2024

# Background

Sri Lanka is currently experiencing a double burden of malnutrition. Prevalence of low body-mass index among pregnant women in their first trimester has declined marginally from 15.5% in 2019 to 14.7% in 2023. In contrast, there has been a marked increase in overweight from 29.9% in 2019 to 33.3% in 2021 and over the years it has continued to increase (Family Health Bureau, 2021).

Gestational weight gain has a significant impact on the health and nutritional status of both the mother and the baby. As per the survey conducted during the nutrition month 2023, it was found that 23.9% of pregnant women had achieved more than the recommended gestational weight gain while 38.9% of pregnant women had gained less than the recommended weight gain during pregnancy.

However, the above statistics were determined during the nutrition month 2023 at national level only, and provincial level estimates would be more useful at implementation level. Therefore, it was decided to conduct an assessment parallel to the nutrition month 2024 to determine provincial level statistics on maternal nutritional status, as well as any changes over 2023, in order to implement necessary interventions to achieve recommended weight gain during pregnancy.

### Activity

An Island-wide assessment of the nutritional status of pregnant women, delivering in the nutrition month 2024 will be carried out. Data on the nutritional status of pregnant women who delivered in June 2024 will be collected by Public Health Midwives at field level, which will be compiled and analyzed at national level by the Family Health Bureau.

For this activity, additional human resource is required for the data compilation and coordination of data collection at provincial level. A pre-intern medical graduate is required to attend to following duties and responsibilities, for a period of five (5) months.

### **Duties and responsibilities**

- Contacting peripheral officers to obtain required information
- Entering and analyzing of data
- Performing any other task assigned by the Director (Maternal and Child Health) or her representative

# Desired qualifications and experience for the post

- Pre-intern medical graduate with M.B.B.S. qualification
- Ability to work with Microsoft Office applications (Word, Excel, etc.)
- Previous experience in scientific research, data collection, data entry and analysis will be preferred.
- Good command of English and Sinhala and/or Tamil languages.
- Excellent communication skills

### Duration

- For a period of five (5) months (June 2024 – October 2024)

## Nature of work:

Full time/ part time

Full time

No of days per week :

Five (5) days

Place of work

Family Health Bureau (should be willing to travel as required)

Working hours per day :

Eight (8) hours/ 8.30 am to 4.15 pm

Monthly remuneration: LKR . 50,000.00

## NB:

- The selection of pre-intern medical graduate will be conducted via interviews, with final decisions made by the Family Health Bureau, Ministry of Health.
- The pre-intern medical graduate is eligible only for the benefits specified by the Ministry of Health or the funding agency, with no additional privileges or claims.
- The Director (Maternal and Child Health) reserves the right to adjust or amend the scope of work as needed.

Director Maternal and Child Health

Family Health Bureau

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Director (Maternal and Child Health)

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